

## HSSD Grid for Fall 2008

### Hesychia School for Spiritual Directors

#### Retreat 1: Introduction to the Art of Spiritual Direction

September 14 - 19

	Monday Sept 15	Tuesday Sept 16	Wednesday Sept 17	Thursday Sept 18	Friday Sept 19
9:15 – 10:30	Welcome by the Hesychia Team and Intro to desert spirituality  Santa	Lectio Divina  Srubas	History of Spiritual Direction in the contemplative tradition  Bever	Spiritual Direction Listening Skills  Barerra	Introduction to Inner Life and Religious Experience: Steps for the Journey  Santa
10:30 – 10:45	Break	Break	Break	Break	Break
10: 45 – 11:45	Session continues	Session continues	Session continues	Session continues	Session continues
Noon	LUNCH and Free Time	LUNCH and Free Time	LUNCH and Free Time	LUNCH and Free Time	LUNCH and Free Time
1:30 – 3:00	More on desert spirituality – Santa  3:30 – Intro to practicum (basic skills) Blythe	The Role of the Spiritual Director (McNealys)  3:30 – Intro to practicum continues-- Blythe	The Sacred Intimate  Santa	Observation and reflection on a real Spiritual Direction Session  Foraker & guest	
3:00 – 3:15	Break	Break	Break	Break	
3:15 – 4:30	Practicum lecture continues	Practicum intro continues	Practicum Blythe & Foraker	Practicum Blythe & Foraker	
4:30 – 6:00	FREE TIME UNTIL DINNER				

**Hesychia School for Spiritual Directors  
Retreat 2: Spiritual Direction and Tradition  
September 22 - 26**

	Monday Sept 22	Tuesday Sept 23	Wednesday Sept 24	Thursday Sept 25	Friday Sept 26
9:15 – 10:30	Introduction to Interfaith Spiritual Direction  Foraker	Spiritual Direction in Zen Buddhism  Hawk	Islam and Spiritual Direction  Nadir	Hinduism and Spiritual Direction  Chandola	Putting it all together  Foraker
10:30 – 10:45	Break	Break	Break	Break	Break
10: 45 – 11:45	Session continues	Session continues	Session continues	Session continues	Session continues
Noon	Lunch & Free Time	Lunch & Free Time	Lunch & Free Time	Lunch & Free	
1:30 – 3:00	Spiritual Direction in the Jewish Tradition  Cohn	Cosmology and New Science  Cory	Spiritual Direction with the Spiritual but not Religious  Morrison	Themes in Native American Spirituality  Steele	
3:00 – 3:15	Break	Break	Break	Break	
3:15 – 4:30	Practicum  Blythe & Foraker	Practicum  Blythe & Foraker	Practicum  Blythe & Foraker	Practicum  Blythe & Foraker	
4:30 - 6:00 FREE TIME UNTIL DINNER					

**Hesychia School for Spiritual Directors**  
**Retreat 3: The Practice of Spiritual Direction**  
**Nov 10 - 14**

	Monday Nov 10	Tuesday Nov 11	Wednesday Nov 12	Thursday Nov 13	Friday Nov 14
9:15 – 10:30	Welcome & intros  Introduction to the principles of spiritual discernment  Blythe	Psychological dimensions and spiritual direction  Duckro	Working with images in spiritual direction  Morrison	Working with victims of trauma in spiritual direction  Parrish	Group spiritual direction  Blythe
10:30 – 10:45	Break	Break	Break	Break	Break
10: 45 – 11:45	Session continues	Session continues	Session continues	Session continues	Clearness Committee © Blythe
Noon	LUNCH & Free Time	LUNCH & Free Time	LUNCH & Free Time.	LUNCH & Free Time	
1:30 – 3:00	Spiritual direction with persons in addiction recovery  Steele	The spiritual movements of consolation and desolation  Duckro	Spiritual direction supervision  Morrison and guest	Setting up a spiritual direction practice  Blythe	
3:00 – 3:15	Break	Break	Break	Break	
3:15 – 4:30	Session continues	Practicum  Blythe & Foraker	Practicum  Blythe & Foraker	Practicum  Blythe & Foraker	
4:30 – 6:00	FREE TIME UNTIL DINNER				

**Hesychia School for Spiritual Directors**  
**Retreat 4: The Care and Development of the Spiritual Director**  
**November 17 - 21**

Notes:

	Monday Nov 17	Tuesday Nov 18	Wednesday Nov 19	Thursday Nov 20	Friday Nov 21
9:15 – 10:30	The mind-body-spirit connection  Coury	Honoring the masculine in spiritual direction  Foraker	Honoring the Feminine in spiritual direction  Morrison	Spiritual direction with LGBTQ persons  Wiest	Wrapping up & Ceremony of Completion until approximately 11:30am
10:30 – 10:45	Break	Break	Break	Break	
10:45 – 11:45		Session continues	Session continues	Session continues	
Noon	LUNCH & Free Time	LUNCH & Free Time	LUNCH & Free Time.	LUNCH & Free Time	LUNCH & Depart
1:30 – 3:00	The art of helping another person make connections  Santa	Writing as spiritual practice  Srubas	Self-care for the spiritual director  Werhley	The Code of Ethics for Spiritual Directors  Santa	
3:00 – 3:15	Break	Break	Break	Break	Break
3:15 – 4:30	Practicum  Blythe & Foraker	Practicum  Blythe & Foraker	Practicum  Blythe & Foraker	Practicum  Large Group wrap up	
4:30 - 6:00	FREE TIME UNTIL DINNER				