

# Hesychia School of Spiritual Direction

Redemptorist Renewal Center at Picture Rocks

## Application

*To apply you must submit this form to us via email or hard copy. If you want, you may send a resume as well. On this form, answer the questions to the best of your ability. If the question does not seem applicable to you, you may leave it blank.*

*We need 2 recommendation forms submitted on your behalf. These may also be sent via email or hard copy.*

Email to [teresa@teresablythe.net](mailto:teresa@teresablythe.net)

*If you send via US mail, please allow at least 2 weeks for the application to get to the director.*

*An interview with you may be requested by the director.*

## Essential Information

Name  
Address

E-mail

Home phone  
Cell phone  
Work phone

Will you be a resident or a commuter?

Religious affiliation

Institutional affiliation (church, synagogue, faith community, etc.)

Are you ordained?  
Member of a religious order?

Date of Birth

General Education background (highest level completed)

## Short Essay Questions

These answers do not have to be extensive. Just give us a general idea of who you are. If a question is not relevant or you have already answered it, you may leave it blank.

1. How did you hear about the Hesychia School of Spiritual Direction?
2. What do you hope to receive from this program devoted to the ministry of spiritual direction?
3. Tell us about your educational background after high school.
4. Tell us about your primary vocational background.
5. What is your experience of *receiving* spiritual direction? For how long? What in this relationship has been most helpful for you?
6. How are you drawn to the ministry of spiritual direction? What experiences, *in particular spiritual experiences*, have attracted you to seek training in spiritual direction at this time?
7. If you are currently serving as a spiritual guide of some kind, describe the context (parish, charismatic community, ministry formation program, religious community, etc.). How long have you been doing this work? What experiences affirm you in this ministry?
8. If you have not been serving formally as a spiritual director (this would be most people) describe experience you have had as an informal companion in faith? How have people sought you out or come to you for guidance?
9. With whom and where do you expect to use your learning?
10. What do you feel are the most important qualifications of a spiritual director or guide?
11. List any theological, religious or spiritual training courses you may have had (workshops, lectures, classes, etc.).
12. What particular strengths do you feel you bring to the ministry of spiritual direction?
13. In what areas do you feel you most need to grow?
14. If accepted into this program, which Retreat Weeks are you thinking of attending? Please list the month and year.
  - a. Week One
  - b. Week Two
  - c. Week Three
  - d. Week Four

Please attach as a file a recent photo of yourself.

Thank you for taking the time to apply for the Hesychia School. We build a file for you as soon as we receive any paperwork from you or persons recommending you. After receiving your application and two recommendations, the director will be in touch with you.