

1 Step

at a Time



Redemptorist Renewal Center

7101 W. Picture Rocks Rd,
Tucson, Arizona 85743

Rev. Charlie Wehrley,
Retreat Director



The 12 Steps is a spiritual way of life. It is more than just a program of principles developed by the founders of Alcoholics Anonymous. It is a process— a continual way of living life to the fullest, free from addiction.

Many people who enter recovery have a difficult time working the 12 Steps. Sometimes people need help to understand them better, sometimes they're afraid of doing them the wrong way, and sometimes they're just stuck between wanting to help themselves and believing that they aren't worth it.

If you need help working the 12 Steps, this one-day retreat will give you a general overview to working the spiritual principles for taking your life back from addiction.

This retreat begins at 9:00 AM and ends at 3:00 PM. Lunch is included.

**Call 520-744-3400
For reservations.**