

The Perfectly Imperfect Parent

Learning to Set Boundaries with Adult Children



Parenting is a difficult job. Babies don't come with instruction manuals to guide parents through the proper steps of raising their children from birth to young adulthood.

As a result, many parents today struggle with knowing how to set proper boundaries with their children; especially as those children become young adults. Young adulthood brings numerous struggles for which many parents feel responsible, such as drug and alcohol addiction; mental disorders; the inability to keep jobs or maintain marriage and family commitments; prison time, and life on the streets.

If a 28 year old son ends up homeless with a heroin addiction, is Mom or Dad responsible for his situation? If a daughter gets married and decides she isn't going to baptize her newborn son, is Mom or Dad responsible for her lapsed faith? If a son has bought a new home and can't afford his mortgage payments, is Mom or Dad responsible for helping him make his payments?

These and dozens of similar questions plague the peace of mind of many parents today. And unfortunately, many of these parents don't know how to separate their children's problems from their own. As a result, boundaries get blurred, parents feel guilty and they wrongfully assume responsibility for every problem their adult children have.

If you are faced with difficult issues between you and your adult children, then this day retreat is designed for you. Come learn how to separate your problems from your children's problems so you can stop enabling them and start setting proper boundaries with them.

This retreat begins at 9:00 AM and ends at 3:00 PM. It includes lunch.



Fr. Charlie Wehrley, Retreat Director

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