

# The Surrender Box



## Learning to Let Go Of the Need to Control Life



A Surrender Box is sacred. It's our God box and we place within it the names of all those people we are powerless over. We surrender them and their lives to our Higher Power, and we are free to breathe again.

Likewise, we surrender health problems, financial issues, fears about the future and regrets about the past into our Surrender Box. And in doing so we let go of our need to control life. Once we let go, accepting everyone and everything we are powerless to control, we gradually find peace and happiness.

Come and create your own Surrender Box and learn to begin the daily practice of letting go and letting God be in charge of your life—and the lives of all those you love.

**January 14, 2017**

**Redemptorist Renewal Center**

**7101 W. Picture Rocks Road**

**Tucson, AZ 85743**



**Call 520-744-3400**

**For reservations**

**Fr. Charlie Wehrley, C.SS.R.**

**Serenity Retreat Director**