Rev, Patrick J. Grile, CSSR has been a Redemptorist priest for 48 years. Father Pat came to the Redemptorist Renewal Center, Tucson, in the fall 2019. With this new assignment, he is also appointed as the director of the Hesychia School of Spiritual Direction. He grew up in Grand Rapids, Michigan where he attended our St. Alphonsus parish. After ordination in 1971, Father Pat went to various CSSR parishes in Minneapolis, MN, St. Louis, MO, and Grand Rapids, MI. The last eight years he was pastor in his hometown, St. Alphonsus, Grand Rapids. Father Pat enjoys bike riding and reading novels for relaxation. He loves being a priest and joyful, pastoral ministry is his delight. His last name, Grile, rhymes with "smile" so you will see his smiling face at the altar! He has a Master’s Degree of Religious Education, and a Master’s Degree of Divinity. His contact info. 612.790-0210, or pgrile@aol.com

Lee Morrison was trained in Spiritual Direction at Mercy Center in Burlingame CA. She is a retired Hospital Chaplain, and Hospice chaplain and Bereavement Coordinator who has been doing spiritual direction for 25 years. She has also taught in the Hesychia Spiritual Direction program at Redemptorist Renewal Center for many years. You may contact her at tucson.lee@comcast.net or 520.293-6688

Rev. Teresa Blythe is the former program director of Hesychia School of Spiritual Direction. A Phoenix-based spiritual director and writer, Teresa is a graduate of San Francisco Theological Seminary and holds a diploma in the Art of Spiritual Direction. She is an ordained UCC clergywoman who founded the Phoenix Center for Spiritual Direction in 2015. Teresa has taught practical aspects of spiritual direction at SFTS and in numerous workshops in churches. She has authored four books including Spiritual Direction 101: The Basics of Spiritual Guidance, 50 Ways to Pray: Practices from Many Traditions and Times (Abingdon Press, 2006), Meeting God in Virtual Reality: Using Spiritual Practices with Media (Abingdon Press, 2004) and Watching What We Watch: Primetime Television through the Lens of Faith. Contact Teresa at teresa@teresablythe.net or 520-9714724.

Teresa Cowan Jones is an executive and personal coach, an ordained minister in the United Church of Christ, an instructor at the Center for Integrative Medicine, faculty at the Hesychia School for Spiritual Direction, and founder of The Compassion Coalition and the Breakthrough Leadership Institute, a transformational leadership and community development initiative. As such, she directs its premier program, Sacred Space, a secular and interfaith community that builds skills of compassion through contemplative practices to fuel social justice. A fellow in the Public Voices Fellowship and Harvard University's Spiritual Innovator Cohort, she is also author of over one hundred tools for effectiveness, Teresa holds a B.S. in Psychology and a Master of Divinity with highest honors from Vanderbilt University (1996). A professionally trained coach, Teresa has served as coach and faculty of the Center for Progressive Leadership, a national nonpartisan leadership organization developing high-potential political leaders who can affect policy-making. Teresa also developed and taught university courses in sociology and has twenty years of professional experience in leadership development in both the public and private sectors. Contact Teresa at 520-975-5646 or jonestess@cox.net

Rev. Rachel Srubas is a Presbyterian clergywoman and Oblate of Saint Benedict. She is a retreat leader and spiritual director whose writings have appeared in The Christian Century, America, Weavings, and elsewhere. Her first book, Oblation: Meditations on Saint Benedict’s Rule, is available from Paraclete Press. Rev. Srubas is pastor of Mt. Shadows Presbyterian Church north of Tucson. Her second book, City
of Prayer: 40 Days with Desert Christians, is published by Liturgical Press. Contact Rachel at rachelsrubas@gmail.com or 520-884-7276.

Rev. Karen MacDonald, M.Div. Ordained as Minister of the Word and Sacrament in the Presbyterian Church (USA) in 1987, Karen now holds ministerial standing with the United Church of Christ since 2005. Her service as a pastor included involvement with interfaith community groups. Her present work on the staff of Interfaith Community Services in Tucson, AZ brings her into close contact with many diverse congregations in the area of health ministry. She is a member of a UCC church, an affiliate member of a Presbyterian church, and an honorary member of a synagogue. Karen is a 2014 graduate of Hesychia School of Spiritual Direction and enjoys an active spiritual direction practice. Karen@spiritrising.net or 520-336-0625

Rev. Natasha Korshak is a long time teacher of yoga, meditation, and mindfulness and has worked in the fields of holistic health and wellness her entire professional career. She is a graduate of the Interfaith Theological Seminary and an ordained Interfaith Contemplative Minister, her ministry is focused on the mind/body connection and spiritual direction. She is the owner and director of Yoga at Heart, The Mindfulness & MBSR Programs of Tucson, and The Sol Center. Contact Natasha at natasha@solcenter.com or 520-325-7275.

Dan Dorsey serves as the resident teacher at Zen Desert Sangha in Tucson, AZ. He is also a visiting teacher in the Pathless Path program at the Redemptorist Renewal Center in Tucson, where he attended retreats with his teacher Pat Hawk Roshi for many years. Dan enjoys working with his new and long-term students, as well as talking with people who have no experience of Buddhism. He believes the basic practice of sitting in silence transcends any particular religion. You may contact Dan at dorsey@dakotacom.net.

Rev. Amanda Petersen is the owner of Pathways of Grace and has experience as a Pastor, Hospice Chaplain, Spiritual Director, Life Coach and Artist. She has led many workshops and retreats for churches and other organizations. She is adjunct faculty at the Art of Spiritual Companionship (www.aeisd.org) and at the Franciscan Renewal Center (www.thecasa.org). Her passion is creating a safe place to explore the contemplative walk. For more information go to ttp://www.pathwaysofgrace.com/. Contact Amanda at 602.315-5723 or pathwaysofgrace@gmail.com.

Dawna Petersen is a spiritual director, supervisor to spiritual directors, retreat leader, Veriditas certified labyrinth facilitator, and CZT (certified Zentangle teacher) who is passionate about creating sacred space to nurture and reflect on our spiritual journeys; making room for wonder, peace, creativity, and stillness to incubate and emerge. Dawna graduated from the Upper Room’s Two-Year Academy for Spiritual Formation and from the Benedict Inn Spiritual Direction Internship. She’s grateful to have recently returned to reside in Tucson, the desert home of her soul. Dawna offers individual and group spiritual direction or supervision both in person and online; she can be contacted at 812-272-5404 or dawna.petersen@att.net

Cheryl Lehman, M. Div., trained in the Kairos School of Spiritual Formation, Spiritual Direction Training. She taught in the Kairos Spiritual Direction Training Program for eighteen years and has had a private practice of spiritual direction. She received a certificate in the Supervision of Spiritual Directors from Chestnut Hill College and has supervised students and numerous spiritual director supervision groups for many years. She is a member of Spiritual Directors International. She has completed Clinical Pastoral
Education, has had mediation training and volunteered with Victim Offender Reconciliation Program; has a BA in Religious Studies with a minor in Peace Studies. She attends Shalom Mennonite Fellowship. You may contact Cheryl at yestolife53@gmail.com or 717-371-2932.

**Nick De Los Reyes** is a 2017 graduate of the Hesychia program. He holds licenses as a Psychologist and Marriage, Family, Child therapist. He was ordained a Roman Catholic priest in 1973, later received a dispensation, and is happily married. He may be reached at nick.delosreyes@gmail.com.

**Davin Franklin-Hicks** is a behavioral health administrator at La Frontera in Tucson and an educator on gender fluidity. He’s been teaching this course at Hesychia since 2016. You may contact Davin at allothersinuse@gmail.com.

**Rev. Elizabeth Lyman** is an ordained Presbyterian minister and a graduate of Hesychia. She currently has a spiritual direction practice in Tucson that focuses on people in recovery from addictions. Elizabeth will obtain her Dr. of Ministry (D. Min) in May. Her final thesis is on the role of spiritual direction in recovery. Elizabeth has been working with people in recovery for over 30 years through individual counseling, workshops and retreats. She is in long term recovery from drugs and alcohol herself. Elizabeth can be reached at 215-622-8187 or revelyman@gmail.com. Her website is www.elizabethlyman.org.

**Aneesah Nadir, MSW, PhD** is a social work educator who shares spirituality in the Islamic faith. As an assistant professor in the department of social work at Arizona State University at the West campus she developed the first course for social workers and others in the human services called the Muslim Reality: Living in America. Dr. Nadir's research interest is related to cultural diversity and religion and spirituality. Her primary focus is on Muslim Life in America and more specifically social work with American Muslims. Her research includes a study of the life experiences of young Muslim women in America, an evaluation of the ISSA Muslim Culture and Faith Program: a diversity training program for human service providers working with Muslims, and a study of the perceptions of Social Workers regarding Muslims and their preparation to work with Muslim clients, students and patients. Dr. Nadir is the principal investigator for the Jewel in the Desert Project, a study exploring the history of Muslims in Arizona. Dr. Nadir serves as the president of the Islamic Social Services Association-USA (ISSA-USA). She is a consultant, diversity trainer and family life educator. Contact Annesah at draneesah@hotmail.com or 480-233-6547.

**Carson Hawks, M. Div., M. Ed** is a spiritual director, teacher, and leader of retreats and writing groups. She works with individuals and groups both in-person and online. Carson is a 2017 graduate of the Interfaith Spiritual Direction program at the Chaplaincy Institute in Berkeley, CA. Her passion is to help people grow and heal spiritually especially those who have experienced spiritual trauma. Carson studied Trauma and Spiritual Care at San Francisco Theological Seminary. She holds a Master’s of Divinity from Pacific School of Religion as well as a Master’s of Science in Education from Old Dominion University. Carson leads both creative and spiritual writing groups with certification through Amherst Writers & Artists . She is also in the process of becoming ordained as an authorized minister in the United Church of Christ.

**Shirin McArthur** is spiritual director, retreat leader, and freelance writer and editor. She holds a Master’s of Divinity from Boston University School of Theology and a Certificate in Spiritual Guidance from the Shalem Institute. She has led retreats and workshops around the US since the early 1990s. Shirin has been a spiritual director for over 20 years and meets with people via phone and Skype as well as in person. She is also a liturgical dancer and certified Kripalu Let Your Yoga Dance instructor who
created Embodied Prayer, which invites people to learn new Lee Morrison was trained in Spiritual Direction at Mercy Center in Burlingame CA. She is a retired Hospital Chaplain, and Hospice chaplain and Bereavement Coordinator who has been doing spiritual direction for 25 years. She has also taught in the Hesychia Spiritual Direction program at Redemptorist Renewal Center ways to pray with their bodies. You may contact Shirin at shirinmcarthur@gmail.com or 505-918-0501.

Joneen Keuler, OSF lives in Tucson and received her certificate from the Hesychia School of Spiritual Direction in 2013. Her practice includes persons of all faith traditions. She is a member of Spiritual Directors International. You may contact Joneen at jkeuler33@att.net or 414-8289519.

Rev. Linda Hutson is a graduate of Hesychia School of Spiritual Direction (April '08) and offers spiritual direction at Grace St. Paul's Episcopal Church as well as privately in her home. She is an active member of Spiritual Directors of Tucson and an ongoing Spiritual Director's Peer Support Group. Linda serves as the Jr. Warden of Grace St. Paul's, Lay Eucharistic Minister, member of the Pastoral Care team sharing on-call responsibilities, facilitator of grief recovery groups for the parish and provides individual and group training for members of the Community of Hope team. As a Certified Healing Touch Practitioner, she offers Healing Touch to individuals, primarily pre- and post-op surgical patients. Contact Linda at azl hutson@comcast.net or 520-979-2532.

Rev. Dr. Delle McCormick, now retired, was involved for 25 years of faith-based, non-profit management experience. She also has worked as a healing and transforming trauma practitioner. She is also known as spiritual director, border activist and advocate. She was the executive director of BorderLinks for many years. Contact info: revdelle@cox.net or 520.204-6295

Jenny Martin is an international speaker, spiritual director and retreat director with over 20-year experience. She is an educator and qualified life coach who studied Master’s in spirituality at Gonzaga University, with a focus on women’s spirituality. Contact info: jenamad@icloud.com or 520.461-9001.

M. Deborah Giles, SND is a contemplative spiritual director at the Desert House of Prayer, Tucson. She is also a licensed clinical counselor with strong skills in mental health and addictions treatment, in individual and group therapies. She has a MA in Community Counseling from John Carroll University in 2001 and MA in Christian Spirituality from Creighton University in 1994 with a Certificate for retreat and Spiritual Direction. Contact info: dgiles@toledosnd.org or 419.677-1426

Jane Waldron Bearce, BS received Spiritual Direction formation through Kino Institute and Arizona Ecumenical Institute for Spiritual Direction in Phoenix. Certified presenter for Centering Prayer, graduate of The Living School through The Center for Action and Contemplation, and coordinator of Wisdom School Southwest, an adult learning opportunity with The Rev. Cynthia Bourgeault. Retired from a career in horticulture, married with one adult daughter, and devoted to a Franciscan worldview of harmony with nature and contemplation. Spiritual direction appointments on-line or in person at the Redemptorist Renewal Center in Tucson. Contact: janewaldron@me.com

Michael Pellegrino leads our class on spiritual guidance in the Hindu tradition. Michael is a spiritual director (Tacheria School of Spiritual Direction), artist, and a holistic Manual therapist, practicing Rolfing, Craniosacral Therapy and Energy medicine. From an early age he studied and explored many of the world’s spiritual traditions. Michael was raised Catholic, observing the sacraments and participating in the church, but by his late teens he had left Catholicism behind, becoming increasingly curious with
eastern thought and practices. By his mid-40s he had fully immersed himself in mindfulness practice and Advaita Vedanta (non-dual Hinduism). Michael also teaches mindfulness, yoga and postural fitness. Contact info. rolfmovement@hotmail.com, or 520.275-4888

Rabbi Helen T. Cohn received ordination at Hebrew Union College-Jewish Institute of Religion in Cincinnati, OH. She served as a congregational rabbi in San Francisco from 1994 to 2006. She received spiritual direction training at the Mercy Center in Burlingame, CA. Now a resident of Tucson, she teaches adult Jewish education and serves as rabbi for Mkor Hayim congregation. Contact info: helen.cohn@gmail.com or 520.319-7073

Laura Lies has a Certificate in Spiritual Direction through the Christos Center for Spiritual Formation. A native Chicagoan, Laura is based in the greater Naperville, Plainfield and Oswego area. She has two young adult daughters. Laura has a M.S. degree in Human Resource Management and experience through Alpha as a Marriage and Parenting mentor. As a member of Spiritual Directors International, she offers spiritual companionship to individuals from all walks of life, faith and practice. laura.lies@streamsgrace.com

Rev. Robert Rossi, osc has been a Crosier for more than 50 years. He has had a very active ministry that includes pastoral and educational services, writing and leadership and missionary work in Africa and Brazil. Throughout the years, wherever he has been, he has given special attention to Christian formation through teaching, retreats and spiritual direction. He continues to dedicate his time to those services as a staff member of Crosier Cross Ministries in Phoenix. Contact: rossibob@crosier.org

Rev. Thomas Picton, CSsR is the director of the Desert House of Prayer in Tucson. He is a licensed marriage and family therapist. A former provincial of the Redemptorist Denver Province, he belongs to the American Association of Pastoral Counselors and the American Association of Marriage and Family Therapists. He has been a clinical pastoral therapist in private and community practice for twenty-four years. He teaches at a sabbatical program at the Redemptorist Renewal Center. tdpicton@aol.com

RRC Staff:

Rev. Anthony Nguyen, CSsR was ordained a priest in 1992. Since his ordination, he has served in various ministries, i.e. Parochial vicar, Formation Director, Music Director, and Liturgy Coordinator. After receiving his Master of Divinity, Fr. Tony obtained two more Master’s Degrees, one in Liturgy and the other in Music Composition. He joined the Chicago Mission Team in 2007 and became the Director of the Redemptorist West Coast Mission Team in 2011. He has given many workshops, retreats, seminars and parish missions in both English and Vietnamese throughout the country. On September 1, 2019, he was appointed as the Director of the Redemptorist Renewal Center. anphdng@gmail.com

Alexis Murrieta is office manager at the Redemptorist Renewal Center. She has been working at the RRC since 2007. She is the executive secretary as well as coordinating retreat details. Contact info. office@desertrenewal.org or 520.999-0271

Peter Tran is assistant director of the Redemptorist Renewal Center. He is a former editor of the Union of Catholic Asian News in Bangkok. He has a Master’s Degree in Religious Education and M. Div. Peter’s articles appeared in Peter’s articles appeared in the World Migration Magazine, L’Osservatore Romano, Liguorian, Asian SUNEWS, National Catholic Reporter, Global Sisters Report. He is co-editor of A Catholic Response to the Asian Presence (National Catholic Educational Association, publisher).
During his years as a Redemptorist, he was involved extensively in the work of pastoral care for refugees and migrants in the United States and at the Vatican. Contact info: pt@desertrenewal.org; 480.375-1393

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