

# Our Lady of the Desert Church

7101 West Picture Rocks Road, Tucson, AZ 85743  
Phone: 520-744-3400 Email: [office@desertrenewal.org](mailto:office@desertrenewal.org)  
Website: [www.desertrenewal.org](http://www.desertrenewal.org)

Saturday 4 pm livestreamed Mass: <https://www.youtube.com/c/OurLadyoftheDesertChurch/playlists>

## **Redemptorist Community**

### **Church Rector**

Rev. Brian Johnson, C.Ss.R.

### **Associates**

Rev. Stephen Rehrauer, C.Ss.R.

*Director of Renewal Center*

Rev. Charlie Wehrley, C.Ss.R.

Rev. Jim Shea, C.Ss.R.

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Rev. Peter Connolly, C.Ss.R.

Padre Tomas Jose Fransiscus,  
C.Ss.R. JCL

*Diocese of Tucson Tribunal. Judge*

Rev. Stephen Huy Vu, C.Ss.R.

*Pastor, Santa Catalina Parish*

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### **Deacon**

Rev. Mr. Ken McNealy

### **Liturgical Ministers/ Compliance Officer**

Kelly Mooney

Bob Jones

### **Bulletin Editor**

Alexis Murrieta

### **Knights of Columbus**

David VanderLinde

*Grand Knight*

## Weekend of October 7-8 Twenty-seventh Sunday in Ordinary Time



**Welcome:** The Redemptorist Community and Pastoral Staff of the Redemptorist Renewal Center extends a warm and loving welcome to all who come here to pray and worship in our church. We are a community that welcomes all people as brothers and sisters in Jesus Christ. Together we are the body of Christ, living and active today.

# Our Lady of the Desert



October 8th Phil 4:6-9

Paul writes the Philippians about peace. Paul encourages them to trust God's love and care and not be anxious about their needs. Anxiety gets us nowhere, except to a place of unrest. He further encourages the people to keep their minds focused on the good things of life. If we focus on the bad stuff around us, that is all we will see. Again, our peace of mind will be lost. Paul is very practical here. Life is filled with both good and bad. We can find peace of mind by trusting in God and keeping our eyes on the good. After all, worrying over the bad will not change it.

October 9th Jon 1:1-2:1-2, 11

We begin the Book of Jonah today. God calls him to go to the capital of one of the biggest enemies of the Hebrews. He is sent to Nineveh. His job is to warn them that their sinfulness is about to be punished by God. Jonah does not wish to do this. He does not want to be the instrument through which God will save an enemy. He wants the enemy destroyed. He attempts to run away, but God will not allow him to go. We see today that sometimes we simply ought to do what is unpleasant to us in life, because it is the right thing to do. It is always God's will that we must seek, not our own.

October 10th Jon 3:1-10

Jonah at last goes to Nineveh as directed. His preaching moves the people to conversion. God, in his mercy, recognizes their change of heart and has pity on them. Jonah's job is not to judge the Ninevites. He simply is called to treat them with kindness. God, who alone sees the heart, responds to their turning away from sin with forgiveness. All judgement must be left up to God, for he alone sees the whole picture. If we truly want God to be merciful to us when we sin, we also have to be merciful to others.

October 11th Jon 4:1-11

Jonah is furious in today's reading. The very things he feared would happen did in fact occur. God treated the enemies of his people with mercy. Jonah becomes like a little spoiled child. He cries for death to put him out of his misery. God uses a plant to teach him a lesson. The plant springs up and dies in a single day. Jonah is upset about the destruction of the plant. God replies that if Jonah can be so upset over the loss of a plant that was only his for a day, how can God not be upset with the thought of losing a people whom he created and loved? God's love is for all his people, not just the ones we like or agree with!

October 12th Mal 3:13-20b

The prophet Malachi speaks today of God's mercy. He points out that God is patient with sinners, so that they might repent and come to their senses. If, however, they refuse to repent, punishment will come upon them in the end. He uses a symbol of an extremely hot oven that will reduce the sinner to ashes. However, the same source of heat will be a sun of justice and warmth of life. Again, God's judgement will come and all people will be treated according to their conduct. But, God is patient, not wanting death, but always wanting mercy and life for his loved ones. We too must be patient with the weakness of others





# Our Lady of the Desert



October 13th Jl 1:13-15; 2:1-2

Today we hear from the Prophet Joel. He is speaking to Hebrews, his own people. They are not so very different from their enemies about them. They too are sinners. They too will be punished for their lack of love and obedience unless they change their lives. Joel calls them to repentance. Again, God is patient with them, giving them time to realize their errors and turn back to him.

October 14th

Jl 4:12-21 Joel speaks a prophecy about the judgement of the world. He foretells the destruction of those who fail to repent of misdeeds. Yet, God's mercy and love will shine on those who do repent. The choice is really ours: punishment or reward. God's way is not to punish sin, but rather to punish the refusal to see it and turn from it.

*~Fr. Brian Johnson C.Ss.R.*

## Anointing of the sick

Our Lady of the Desert will be holding a special Anointing of the Sick Mass at 10:00 on Saturday, November 11th. This Sacrament can be a great source of healing in our lives. All those who are ill with a serious or chronic disease can be anointed. Also, this Sacrament of healing can be received by anyone who finds their health and wellness being negatively affected by the process of aging. Being a senior citizen does not in itself qualify us to receive this Sacrament of the Sick. Please come and join us in celebrating this wonderful Sacrament.

## Book of Revelation

The Bible Study on the Book of Revelation will begin Monday, October 9th at 10:00 A.M for all those who have signed up for it. We will meet in the Ironwood Room.



**2023**  
CHRIST CHILD SOCIETY  
united in service  
"FIND A NEED AND FILL IT."

**Our Lady of the Desert's Food Drive**

The weekend of October 7-8, 2023  
Benefiting the under-served people  
of Southern Tucson, (e.g., Pio Decimo, Casa Maria)

For more information contact:  
Angela Schneider (520) 616-2191

This is in celebration  
our founder's, Mary  
Virginia Merrick's  
birthday Nov. 2nd  
birthday and would  
be 107.

She is on the path to  
salvation.

## Christ Child Society of Tucson

Is celebrating their founder Mary Virginia Merrick's  
**157<sup>th</sup> birthday by "Finding a Need and Filling It"**

**Bring non-perishable food to the Masses on  
Saturday, October 7<sup>th</sup> and Sunday, October 8<sup>th</sup>**

**We will have information to share on her life and  
Cupcakes to Celebrate Her Birthday.**

**The food will go to local neighborhood pantries to help  
Those in need.....food is a very big need today.  
Please share as much as you can and bring to the  
Our Lady of the Desert on 10/7/23 and 10/8/23**

**Monetary donations are also accepted  
Need information call Angela Schneider 520-616-2191  
Looking to Celebrate with all of you.**

**Upcoming Broadcast**  
**Saturday, October 7, 2023 at 11:00am**

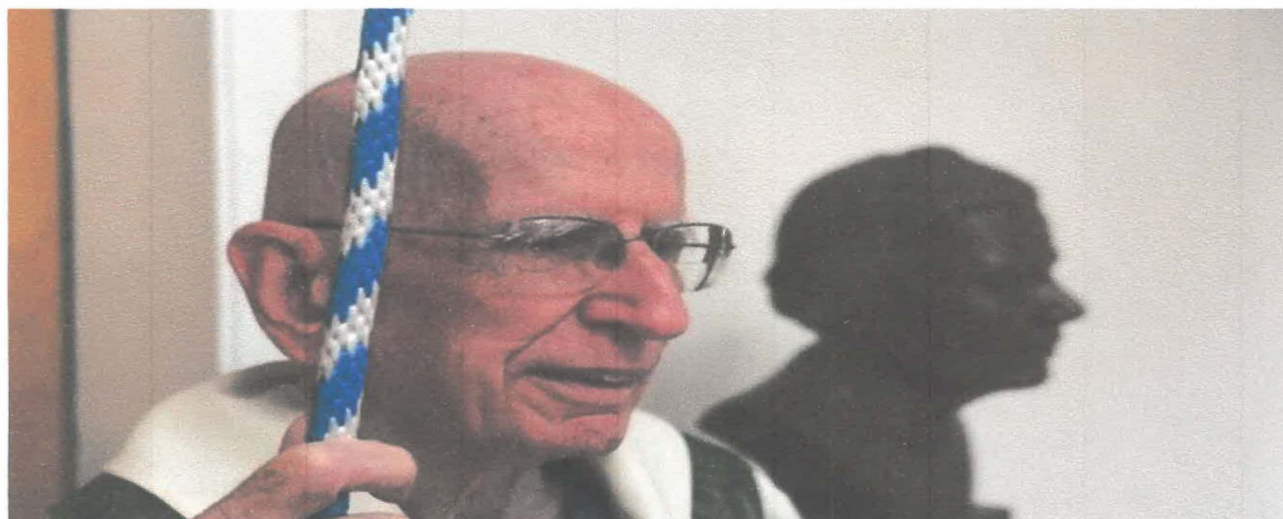
Funeral Mass for Rev. Ricardo Elford, C.Ss.R.



The live-stream link to Fr Ricardo's funeral Mass is:

<https://diocesetucson.org/live-1> .When you click on the link you should be able to see the announcement for the Funeral Mass. (I attached a screen shot of what you should see after you click on the link.)

**Hugh Richard "Ricardo" Elford, C.Ss.R.**  
**May 21, 1938 – September 19, 2023**



***"A call to service"***

**Funeral Mass at St Augustine Cathedral**  
**192 S Stone Ave, Tucson, AZ 85701**

**11:00 AM, October 7, 2023**

<b>2:00 PM</b>	<b>Burial</b>	<b>Holy Hope Cemetery</b> 3555 N Oracle Rd, Tucson, AZ
<b>4:00 PM</b>	<b>Reception</b>	<b>Southside Presbyterian</b> 317 W 23rd St, Tucson, AZ

***All are welcome.***  
***"Preach the gospel at all times, and***  
***when necessary, use words."***





**October = Respect Life Month | We're called to serve moms in need!**

Mary's witness is an invitation to step out in love and compassion. It is a summons to make haste to help vulnerable women who may be isolated and alone. By doing so, we too can bear Christ within us and help others experience His presence. Inspired by the Blessed Mother's example and guided by the Holy Spirit, may we offer Christ's presence and love to mothers in their time of need through our faithful service and support.



**SILVER ROSE PRAYER SERVICE**

Each year, from March through mid-December, Silver Roses are stewarded by KofC councils along routes from Canada to Mexico. Every stop the Silver Rose makes throughout the pilgrimage is a **rosary-centered** occasion for parishioners, and community members to pray for '**Respect for Life**', for the **spiritual renewal of each nation**, and for the advancement of the message of Our Lady of Guadalupe.



**A HIGHER PURPOSE**: Share the message of Our Lady of Guadalupe and **promote respect for life** through a series of prayer services promoting the **dignity of all human life** and honoring Our Lady.

**Thursday, October 19<sup>th</sup> at 11:00 AM in the Petroglyph room at RRC**

**Please invite your family and friends and join us!**

**Reserve the date! Parish Pasta Dinner and Pancake Breakfast  
at St. Alphonsus after the weekend masses**

**Pasta Dinner**

**Saturday, October 28, 5-6:30 PM**



**Pancake sausage Breakfast**

**Sunday, October 29, 8:15 AM - 12 PM**



**Donations are  
accepted and  
appreciated.**



## **\*\*Mass Intentions/Presiders**

### **Friday, October 6**

7:30 a.m. - Fr. Stephen Rehrauer

**\*\*Roger & Irma Scherer**

### **Saturday, October 7**

4:00 p.m. (livestreamed) Fr. Charlie Wehrley

**\*\*Bill and Velma Starman (d)**

### **Sunday, October 8**

7:30 a.m. – Fr. Stephen Rehrauer

**\*\*Fr. Cahalane's Parent**

10:00 a.m. – Fr. Brian Johnson

**\*\*Steve Adams (d)**

### **Monday, October 9**

7:30 a.m. – Fr. Charlie Wehrley

**\*\*Fr. Jim Shea's Parents Sheridan & Mary**

### **Tuesday, October 10**

7:30 a.m. - Fr. Stephen Rehrauer

**\*\*Philip Oberstar (d)**

### **Wednesday, October 11**

7:30 a.m. – Fr. Peter Connolly

**\*\*Andrew Valley (d)**

### **Thursday, October 12**

7:30 a.m. - Fr. Charlie Wehrley

**\*\*Rosie Trevino - Healing**

### **Friday, October 13**

7:30 a.m. - Fr. Brian Johnson

**\*\*Jackie Sorka - Healing**

### **Saturday, October 14**

4:00 p.m. livestreamed - Fr. Stephen Rehrauer

**\*\*For Healing**

### **Sunday, October 15**

7:30 a.m. – Fr. Charlie Wehrley

**\*\*Bonifacio Hernandez Jr. - Happy Birthday**

10:00 a.m. – Fr. Peter Connolly

**\*\*Deacon Joe (d)**

## **UPCOMING EVENTS**

### **Our Lady of the Desert Circle of Redemptorist Associates**

Please join us at one of our monthly meetings (3rd Thursday of the month, from 5:00-6:00pm). We'd love to see you in person or on Zoom. Please contact Diana Davenport at [diana@davenport.net](mailto:diana@davenport.net) (520-612-9873) for more information. If you would like to attend online, please contact John Davenport ([john@davenport.net](mailto:john@davenport.net)) for a Zoom link.

### **Monthly Rosary Prayer**

Starting October 11, 9:00 a.m.-10:00 a.m. and every second Wednesday following. Times to be determined. In the Our Lady of the Desert Chapel. Please come and join us. Any questions please call Lynn 520.419.6402

### **Weekly Rosary Prayer**

Every Wednesday starting at 6:00 p.m. In the Our Lady of the Desert Chapel. Please come join us.

### **Scripture Prayer Group**

meets via zoom each Tuesday from 7-8pm. For more details email John Davenport at: [john@davenport.net](mailto:john@davenport.net), or call 440.478.1203.

### **Grief Share Support Group**

Grief share is a friendly group of caring people, who share the experience of the loss of a loved one. For more information contact, June or Stan Wood at 520.219.2919.

### **Food Bank**

The Marana Food Bank bin is located in the veranda near the bookstore. We collected a total of 92 lbs of food for the month of August. Please help our local community by donating today. Thank you for your generosity. ~**Marge Mauzer**



As the dust of *Roe v. Wade* begins to settle, ***we need to let moms who choose life over abortion know that we will step up to help them raise their children to their full potential as human beings.***

**What is *Walking With Moms In Need*?**

The U.S. Conference of Catholic Bishops has set up *WWMIN* as a nationwide initiative to provide loving community support for pregnant and parenting moms in need *in every Catholic parish.*

**Our Lady of the Desert Redemptorist Associates**  
invite you to take up this challenge.

This year, we will be working with the  
**TEENAGE PARENTING PROGRAM of Marana High School**  
and the  
**TEEN PARENT HIGH SCHOOL of Tucson.**

We want to provide these beautiful programs with some extra funds to help their students care for their children and stay in school to graduation.

**Please join us on**

**Sunday, October 29 from 3:00-4:00pm**  
**in Church for a *Via Matris (Mother's Way)***  
**Prayer Service for these young families.**

Donations can be made in cash or by check (made out to RRC with "WWMIN" in the memo). We'll have envelopes at the back of the Church after the Prayer Service.





## Ignatian Silent Retreat

*Praying and Living in the Ignatian Way*

**October 13-15, 2023**

Ignatian Spirituality involves not just our prayer and explicitly spiritual practices, but also affects the way we live our daily lives in relationship with God, other people, ourselves, and our world.

Moreover, our prayers in the Ignatian way are not monolithic, but are a personal combination of various "spiritual exercises," including biblical meditation, imaginative contemplation, the regular examination of our consciousness, participation in the Eucharist and other Sacraments, spiritual reading, personal devotions, and other prayerful practices.

Similarly, living in an Ignatian way does not mean becoming just like St. Ignatius of Loyola, but rather striving to live as God desires for each one of us personally, expressing the virtues modeled for us by our Lord, Jesus Christ, and fostered in us by the Holy Spirit.

Thus, Ignatian Prayer and Living are intimately connected and form a coherent whole, with prayerful discernment of what God has given us and asks of us.

This retreat provides an opportunity to reflect on our own lives and what adjustments we might want to make in our spiritual practices and our interpersonal relationships. It will include presentations, daily Mass, and plenty of time for silent prayer, along with opportunities for Confession and optional small group sharing.



Fr. Felix Just, SJ, is a member of the "Jesuits West USA Province" of the Society of Jesus and a much sought-after retreat leader. He is currently serving the Archdiocese of Los Angeles as Coordinator of Theological and Liturgical Formation in the Office of Diaconate Formation and as Coordinator of Ongoing Formation for Priests in the Office of the Vicar for Clergy.

Fr. Felix entered the Jesuit Novitiate in 1980 and was ordained a priest in 1991. After receiving his Ph.D. in New Testament Studies from Yale University, he has taught theology and biblical studies at several universities, led many retreats and pilgrimages, and offered many public presentations and courses. He has also taught in the Catholic Bible Institutes of several arch/dioceses. He is a member of the editorial board for the revision of the New Testament of the New American Bible and is an active member of the Catholic Biblical Association of America. Fr. Felix also maintains his own large internationally recognized website of "Catholic Resources" (<https://catholic-resources.org>).

*For more information on this retreat and a registration form, please contact Ann S. Dickson at [anndickson@theriver.com](mailto:anndickson@theriver.com) or 520-234-2140, or 3128 Pebble Beach Dr., Sierra Vista, AZ 85650 or Deacon John Klein at [jklein@diocesetucson.org](mailto:jklein@diocesetucson.org)*



# Spiritual Diseases

**FEAR GUILT SHAME**



Spiritual diseases begin with thoughts of being worthless and unloveable.

Fear drives our need to people-please even those who are harmful to us. Guilt hits us hard from many angles. We feel guilt about letting loved ones down and making common human mistakes. We may feel shame about even being alive and because we believe everything about us is unacceptable. These feelings lead to poor boundaries.

Even if we have been recovering our ability to love and accept ourselves, we may still be faced with acute attacks of fear, guilt and shame. They can be triggered by many real life situations as well as by the negative voice in our heads that tries it's best to drag us down.

If you are struggling with setting boundaries to protect yourself, you may be faced with an overpowering sense of fear, guilt and shame. Regain your Self-respect and balance by learning to build boundaries that target moving beyond fear, guilt and shame.

**October 21, 2023**

**\$55 per person  
Includes lunch and materials.**



*Fr. Charlie Wehrley, C.Ss.R.*

Retreat Director

*Redemptorist Renewal Center*

7101 W. Picture Rocks Rd.  
Tucson, AZ 85743

Call 520-744-3400  
for reservations.



*Please remember in your prayers*

### **OURSICK**

*Please pray for those in our community who are struggling  
with various illnesses.*

*If you would like to be added to our sick list, please call the  
office. 520.744.3400*

*The Scripture Prayer group that meets on Tuesday evenings  
prays for those on the sick list.*

### **Our Sick List October 2023**

Ed Kenyon  
Tim McDonald  
Chuck Peterson  
Linda Peterson  
June Wood  
Lee Morrison  
Scott Milligan  
Rachel Flint  
Bob Garcia  
Fr. Jeff King-Healing  
Tony Iavagnilio

Bernie Burba  
Phil Treinen  
Aubrey Scarborough  
Phyllis Spence, OSB  
Michael Dunlap  
Linda Obenauf  
Joanna Crawford

### **OUR LADY OF THE DESERT**

**DECEASED MEMBERS**  
*Last 12 Months*

**(Month/Year)**

Carol Boerner (9/23)  
Art Davenport (4/23)  
Thomas Doyle (12/22)  
Carol Draper Burba (1/23)  
Fr. Ricardo Elford, C.Ss.R. (9/23)  
Katherine Gaboury (10/22)  
Sharon Iavagnilio (1/23)  
Harriet Lewandowski (5/23)  
Philip Oberstar (10/22)  
Virgil Roeder (5/23)  
Edward Schafle (1/23)  
Dennis Terrill (2/23)  
Larry Waller (4/23)  
Dorie Zimmerman (9/23)

**"The desert will lead you to your heart where I will speak."**

Hoshea 2:16



# THIS AND THAT

## OUR MISSION

Our mission is to be a place where the contemplative spirit of the human person may be discovered, fed and nourished. It is a place, an oasis in the Sonoran Desert, where individuals encounter God and "feel the burn" of the Holy Spirit.

Redemptorist Renewal Center office hours are as follows:

Monday - Saturday:

**8:00 a.m. - 4:00 p.m.**

Sundays:

**8:00 a.m. - 3:00 p.m.**



**This weeks Flowers were donated by  
Velma Whittingham  
In Loving Memory of  
Bill & Velma Starman**

**Weekly Stewardship for Our Lady of the Desert**

Weeks of September 25-October 2, 2023      \$ 7,699.00

**If you have requested additional envelopes, they will be available the following week in the box on the table by the side door in church.**

For your convenience, know that you may come during office hours to personally offer your stewardship, mail it in, or use the following link and specify your donation. Click here:

<http://desertrenewal.org/fees-and-rates/>



# THE BOOKSTORE IS OPEN AFTER EACH WEEKEND MASS

October 2023

## Book Store Hours

Bookstore open after all weekend Masses.

**Saturday & Sunday Sep 30 – Oct 1** after all Masses

**Monday, Oct 2<sup>nd</sup>** 10:00 AM – 2:00 PM

**Tuesday, Oct 3<sup>rd</sup>** 10:00 am – 2:00 pm

**Thursday, Oct 5<sup>th</sup>** 10:00 am – 2:00 pm

**Friday, Oct 6<sup>th</sup>** 10:00 am – 2:00 pm

**Saturday – Sunday 7-8** after all Masses

**Monday, Oct 9<sup>th</sup>** 10:00 am – 2:00 pm

**Tuesday, Oct 10<sup>th</sup>** 10:00 am – 2:00 pm

**Thursday, Oct 12<sup>th</sup>** 10:00 am – 2:00 pm

**Friday, Oct 13<sup>th</sup>** 10:00 am – 2:00 pm

**Saturday – Sunday 14-15** after all Masses

**Monday, Oct 16<sup>th</sup>** 10:00 am – 2:00 pm

**Tuesday, Oct 17<sup>th</sup>** 10:00 am – 2:00 pm

**Thursday, Oct 19<sup>th</sup>** 10:00 am – 2:00 pm

**Friday Oct 20<sup>th</sup>** 10:00 am – 2:00 pm

**Saturday – Sunday 21-22** after all Masses

**Monday, Oct 23<sup>rd</sup>** 10:00 am – 2:00 pm

**Tuesday, Oct 24<sup>th</sup>** 10:00 am – 2:00 pm

**Thursday, Oct 26<sup>th</sup>** 10:00 am – 2:00 pm

**Friday, Oct 27<sup>th</sup>** 10:00 am – 2:00 pm

**Saturday – Sunday 28-29** after all Masses

**Monday, Oct 30<sup>th</sup>** 10:00 am - 2:00 pm

**Tuesday, Oct 31<sup>st</sup>** 10:00 am - 2:00 pm



October





## Novena Prayer to Our Mother of Perpetual Help adapted to be prayed in Response to the COVID-19 Pandemic



Our Mother of  
*Perpetual Help*

Mother of Perpetual Help, with the greatest confidence we come before your holy picture to beseech your intercession. We think of you, Mother, at the foot of the Cross. Your heart must have bled to see your Son in agony. But your joy was great when He rose from the dead, victorious over the powers of evil. Mother of Sorrows, pray for us in this time of trial.

Help us not to lose heart. Intercede for your people who are afflicted with Coronavirus. Comfort your people who are vulnerable and anxious. Protect healthcare workers who put their lives at risk.

Inspire our leaders to make good decisions. Change our hearts so that we may act responsibly. Teach us to trust in God's love and mercy and to share with you the joy of having courageously faced up to all the challenges of Life. Amen



The *Act of Spiritual Communion*, by St. Alphonsus Liguori, may be a source of comfort at this time when we are separated from one another, but connected as the Body of Christ. Pray this prayer when you are not able to receive the Eucharist.

### Act of Spiritual Communion

My Jesus, I believe that you are present in the Blessed Sacrament. I love you above all things and I desire you into my heart. Since I cannot now receive you sacramentally, come at least spiritually into my heart. I embrace You as if You were already there, and unite myself entirely to you. Never permit me to be separated from You. For this I pray. Amen.

Source: *Visits to the Most Blessed Sacrament*  
by St. Alphonsus Liguori



# Dear Padre,

## How is an icon different from a regular painting of a saint?

Generally, *icon* means a symbol or image. In the Church, it refers to an image depicting Bible stories or holy people. “Icons express in images the same Gospel message that Scripture communicates by words” (*Catechism of the Catholic Church*, 1160).

Even though an icon is an image created with paints, icons are written, not painted. Icon writing, called iconography, is a vocation as well as a talent. The difference between a painter and an iconographer is that iconographers follow strict rules and standards set forth in Eastern Church canon law and Christian tradition. Rooted in God’s word, icons are rich in symbolism. The colors, gestures, and shapes speak spiritually to invite us to pray and worship.

Icons can be written on almost any surface, but historically most were written on wood and had a gold-leaf background. One example of this type of icon is Our Mother of Perpetual Help, which is believed to have been written in the fifteenth century. Pope Pius IX gave it to the Redemptorists in 1865, telling the order to “make her known throughout the world.” It now hangs in the Church of Sant’ Alfonso in Rome.



To see the original icon in real time and learn more about icons, please visit [omphicon.org](http://omphicon.org). ●

**The Redemptorists / DearPadre.org**

### A WORD FROM POPE FRANCIS

**Discernment...involves hard work....We do not find set before us, prepackaged, the life we are to live. No! We have to decide it all the time, according to the reality that comes. God invites us to evaluate and choose: He created us free and wants us to exercise our freedom. Therefore, discerning is demanding.**

GENERAL AUDIENCE, ROME, AUGUST 31, 2022



#### MONDAY

October 9  
Weekday  
Jon 1:1–2:2, 11  
Lk 10:25–37

#### TUESDAY

October 10  
Weekday  
Jon 3:1–10  
Lk 10:38–42

#### WEDNESDAY

October 11  
Weekday  
Jon 4:1–11  
Lk 11:1–4

#### THURSDAY

October 12  
Weekday  
Mal 3:13–20b  
Lk 11:5–13

#### FRIDAY

October 13  
Weekday  
Jl 1:13–15; 2:1–2  
Lk 11:15–26

#### SATURDAY

October 14  
Weekday  
Jl 4:12–21  
Lk 11:27–28

#### SUNDAY

October 15  
Twenty-eighth Sunday  
in Ordinary Time  
Is 25:6–10a  
Phil 4:12–14, 19–20  
Mt 22:1–14 or 22:1–10

#### Know Someone Overly Anxious About Sin?

Since 1964, the Redemptorists’ *Scrupulous Anonymous* free monthly newsletter has ministered compassionately to those struggling with scrupulosity. To subscribe, visit [ScrupulousAnonymous.org](http://ScrupulousAnonymous.org).