



Empty Cloud Sangha
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Empty Cloud Sangha Rohatsu Schedule 2024

| Time | Event | Place |
|----------------------------------------|---------------------------|-------------------------------------------------------------|
| First Evening, December 8 | | |
| 3:00 pm | Registration | St Alphonsus Kitchen |
| 6:00 pm | Dinner | Main Dining Room |
| 7:30 pm | Orientation/zazen/dance | Zendo |
| 9:00 | Retire | Your room |
| Intervening Days, December 9-14 | | |
| 5:30 am | Rise/Coffee | Your room/St. Alphonsus Kitchen |
| 6:00 | Brisk walk | Parking lot outside of Zendo |
| 6:15 | Zazen/Dokusan | Zendo |
| 8:00 | Breakfast | Main Dining Room |
| 8:30 | Work, Rest | |
| 9:30 | Morning walk | Zendo parking lot |
| 10:00 | Zazen | Zendo |
| 10:30 | Dharma Talk | Zendo |
| 10:30 | Zazen/dokusan | Zendo |
| 12:00 noon | Lunch | Main Dining Room |
| 12:30 | Work, Rest | |
| 2:30 pm | Zazen Dokusan | Zendo |
| 4:00 | Mindful Walking/ Exercise | |
| 5:00 | Zazen/Dokusan | Zendo |
| 6:00 | Supper | Main Dining Room |
| 6:30 | Work, Rest | |
| 7:30 | Zazen/Dokusan | Zendo |
| 8:45 | Night Closing(dance) | Zendo |
| 9:00 | Retire | (note on last evening the zendo will remain open all night) |
| Last Morning, December 15 | | |
| 5:30 am | Rise | Your room/St. Alphonsus Kitchen |
| 6:00 | Brisk walk | Parking lot outside of Zendo |
| 6:15 | Zazen Dokusan | Zendo |
| 7:20 | Sesshin closing | Zendo |
| 7:50 | Picture | Zendo |
| 8:00 | Breakfast (not silent) | Main Dining Room |
| 10:00 | Clean-up/Restore | Your room and Pathless Path |